

Best Practices 1:

Student Internship Programme

Objectives of the initiative were to provide students an opportunity to apply theoretical knowledge in real life situations, to promote experiential and participative learning, to acquaint them with social issues and problems.

Department of Sociology and Economics started the internship programme in August 2022. The activity was continued in the A.Y. 23-24 from October 2023 to March 2024.

The two departments have collectively signed a Memorandum of Association (MoU) with Responsible Netism, a renowned NGO dedicated to promoting cyber wellness and online safety among women and children.

Students were required to complete 30 hours of fieldwork. Thirty-Six students were involved in this internship programme. This practice was combined with the Continuous Internal Assessment of students. students participated in three activities:

1. Geographical Area Survey: Students conducted surveys in their areas, collecting data on cybersecurity awareness.
2. Content Creation: Students created social media content (blogs, posters, memes, etc.) on topics like password safety, online banking frauds, and OTP scams.
3. Street Play: A street play was organized in two public gardens, focusing on photo morphing, trolling, and online financial frauds.

Securing permission for the street play was tough, and limited awareness restricted people from sharing their cybercrime experiences.

Evidence of Success

1. Beneficiary Students: 36
2. 2850 surveys were conducted.

APKO KYA MILA? AJITDAS YA ABIBAS

CHECK THE LEGITIMACY OF A WEBSITE

- Check for spelling errors in the name of the website or the domain, e.g flipcart.org
- Check if the website is locked
- Legitimate sites have dedicated privacy and return policy
- Do not click on popups even on legitimate websites as they may download malware in your device.

RESPONSIBLE NETISM

Cyber Wellness HELPLINE
7353107353



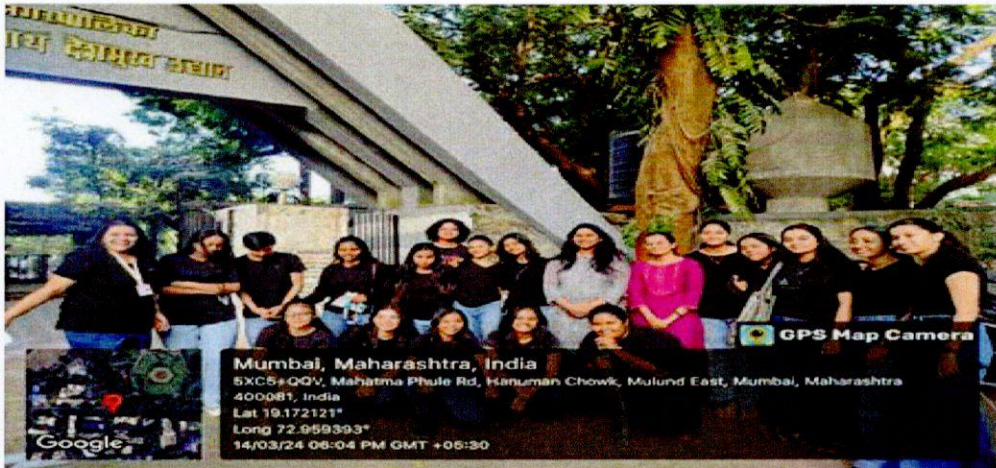


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Netism



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A social purpose initiative committed to the cause of women & child online protection and cyber wellness.

Dear Sir/Maam,

Greetings from Responsible Netism

Following students from Sociology and Economics Department from KET's V.G.Vaze College (Autonomous), Mulund East, have completed 30 hours of internship with Responsible Netism in the academic year 2024-25 (August 2023 to March 2024). They were engaged in three activities:

1. Online content creation
2. Survey in their geographical area
3. Public Campaigning through street play

SR.NO	NAME
1	Sejal Rane
2	Rakshita Kota
3	Rutuja Bhalerao
4	Shravani Damle
5	Harshali Haldankar
6	Mrudula Shelar
7	Dnyaneshree Gaonkar
8	Arya Jadhav
9	Maurvi Kotwal
10	Aditi Yadav
11	Ruchi Dongare
12	Piyush Jori
13	Sakshi Ahire
14	Janhvi Bhatade
15	Mrunal Shinde
16	Vaidehi Gaikwad



Ahaan Foundation - Responsible Netism

Vinayak Blessings, Office No. 104, 1st Floor, Above Bank of Baroda, 90 feet Road, Mulund (E), Mumbai - 400 081

+91 8433701077 | info@responsiblenetism.org | www.responsiblenetism.org

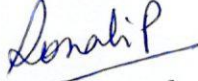


A social purpose initiative committed to the cause of women & child online protection and cyber wellness.

17	Tanushka Mohite
18	Priti Mali
19	Vishakha Gudhekar
20	Kasturi Pandurang Shinde
21	Sanika Patil
22	Komal Saroj
23	Shraddha Raju Karande
24	Shamika Sanjay Vengurlekar
25	Tamanna Swain
26	Sanjana Subhash Shinde
27	Purwa Vasant Keni
28	Nisha Hemant Shirsath
29	Mayank Pazare
30	Yojana Sudhir patil
31	Diksha Siddharth Shirsath
32	Shareiva Susheil Kadam
33	Siddhi Avinash Madhavi
34	Niraj Athawale
35	Rajnandini Sansare
36	Ashwini Veer

Greetings,

Ms. Sonali Pathankar



Chief Executive Officer (CEO)

Mrs. Sargam S. Jadhav



Project Coordinator



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**Understanding
Between
KET's Vinayak Ganesh Vaze College of Arts, Science and
Commerce (Autonomous)**



and



**RESPONSIBLE
NETISM**



Date: 20th June, 2023

Background

About K.E.T's V.G. Vaze College of Arts, Science and Commerce (Autonomous)

The Kelkar Education Trust's V.G. Vaze College of Arts, Science and Commerce (Autonomous) was set up as a gesture of social commitment and to provide suburban Mumbai with quality institutions of higher education by the visionary late Shri. Govind D. Kelkar in 1984. Vaze College received permanent affiliation from the University of Mumbai in 1990 and UGC recognition thereafter. Vaze College has been granted the status of autonomy from the academic year 2020-2021. The college from the academic year 2023-24 is in the process of implementing the National Education Policy, 2020.

About Responsible Netism

Responsible Netism is a social purpose initiative committed to the cause of women & children online protection, and cyber wellness.

Project Responsible Netism was established by Ahaan Foundation, a registered trust in 2012, with the primary objective of protecting children youth and adults in cyberspace. Their efforts have been initiated in the states of Maharashtra, Goa, and Madhya Pradesh. They advocate for cyber wellness, prioritizing the mental well-being of children and adults in the digital world. They raise awareness, educate individuals about cyber safety, report cases of online distress and provide psychological technical and legal support to victims of online distress. They advocate for responsible online behavior.

Responsible Netism has successfully educated over 1.7 million children and more than 1 million adults through its educational programs and training.

Responsible Netism and Vaze College wish to collaborate to provide internships to the students, to help them play a critical part in developing society, improving communities, and promoting citizens participation in creating awareness about cyber safety, and promoting responsible online behavior.

This Understanding describes the Joint and Individual obligations that Responsible Netism and the College agree to fulfill, to realize the potential of their synergy.

Each is referred to as "Party" in this Understanding, or jointly as "Parties". The college includes the Students enrolled in the College.

1. Understanding

The college has requested Responsible Netism to provide internships to students at the college. Responsible Netism will design and develop the activities and tasks pertaining to the internship for TY B.A. Economics and TY



B.A. Sociology students. The college will be required to assess the students based on completing their internship tasks and activities.

Proposal Details:

- I. Internship Duration: 30 hours of internship activities spread over 4 to 5 months.
- II. Batch size: 21 students of TY B.A Sociology and 17 students of TY B.A. Economics.
- III. Proposed Activities: Street play, Community survey, online content creation and pilot surveys conducted in schools.
- IV. Evaluation will be based on completing the tasks assigned to the students.
- V. Certificate will be issued to only those candidates who will complete the tasks and activities of the internship, as per the requirements set by Responsible Netism.

Structure for the activities and any other tasks included as a part of the internship will be mutually agreed upon between Responsible Netism and the College.

2. Obligations of Students and College

- Details of students assigned for a batch will be informed to Responsible Netism at the start of the Internship.
- All students enrolled in the internship program with Responsible Netism will follow their Code of Conduct for Students.
- Selected students to conduct community surveys and give handouts to the public to raise awareness about cyber safety. Each candidate may take a task to survey and sensitize 150 people about Cyber safety.
- Students are to submit the compiled report of the survey indicating the demographic details of the participants.
- Selected students to create online content (Reels, posts, videos, blogs, etc.)
- Community activity in the form of street plays to be conducted by the students.

3. Obligations of Responsible Netism

- To conduct an induction/orientation session for students of TY B.A. Economics and Sociology before the commencement of the internship program.
- To conduct training sessions for students to enable them the effectively perform their internship activities and tasks.
- To engage students in the fieldwork/activities of the NGO for 30 clock hours.



- To provide any administrative assistance to students for the smooth conduct of activities.
 - Trainers/mentors from Responsible Netism to monitor the work conducted by each student.
 - To award Certificates of Completion to each student upon completion of the Internship program.
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4. Intellectual Property and Copyrights

Both parties recognize that the concepts, designs, plans, content, assessments, and processes that are developed by either party, will remain the Intellectual Property and Copyright of that party at all times.

Neither party will infringe upon the Copyright of the other party. If any use or re-use of the materials of the other party is required, it can be done only after consent in writing is provided.

5. The use of Logos

Both parties can use the Logo of the other party, to demonstrate the mutual understanding and partnership contained in this Understanding, on approval in writing or as confirmed over email correspondence, of the exact context of use, and as approved in each instance.

6. Effective Date, Term and Termination

- a. This Understanding is valid with effect from the date of the last signature at the end of the document.
 - b. This Understanding is valid for One (01) Year unless terminated before that. The achievements and progress under the Understanding will be reviewed by both parties at the Anniversary of the Understanding.
 - c. This Understanding can be terminated by either party at any time, for any reason, with a communication to the Contact person of the other party. Any open transactions or training courses in progress at that time will be taken forward to closure as may be mutually agreed. Any Commercial transactions open at that time will be settled and closed within 30 days.
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7. No Licenses

This Understanding is only describing a Business Relationship and should not be construed to mean any form of ownership or license to either party except as stated in this Understanding.



There are no other rights granted to either party by the other, except as stated in this Understanding.

Neither of the parties or students holds any financial liabilities or responsibilities.

8. Points of Contacts


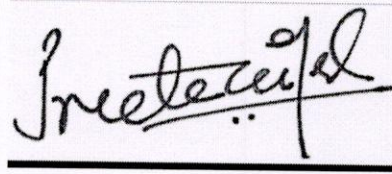
For managing the activities under this Understanding, the Contact Persons responsible at either party are as follows, including their contact and location details:

For Responsible Netism	For College
Name: Mr. Unmesh Joshi	Name: Ms. Deepa Shirsat
Designation: COO and Co- Founder Responsible Netism of Ahaan Foundation	Designation: Head and Assistant Professor, Department of Sociology, Vaze College (Autonomous).
Address: Responsible Netism , C -Wing Office No 6 , Belleza of Shanti Sadan, 90 Feet Rd, above Time Planet, Mulund East, Mumbai 400081	Address: KET's V.G. Vaze College of Arts, Science & Commerce (Autonomous), Mithagar Road, Mulund (E), Mumbai - 400081
Tel: Mob: 9967051910 FAX: --	Tel: -- Mob: 9922571236 FAX: --
Email: unmesh@responsiblenetism.org	Email: deepashirsat@vazecollege.net
Registered Office Address: (same as above)	Registered Office Address: (same as above)

Mr. Unmesh Joshi will be the signing authority. The project in charge from Responsible Netism will be Ms. Sargram Jadhav – Project Coordinator - 87798 69672 email - coordinator@responsiblenetism.org will be the point of contact for this project.



9. Signatures

For Responsible Netism	For COLLEGE
	
Name: Mr. Unmesh Joshi	Name: Prof. (Dr.) Preeta Nilesh
Desig: Chief Operating Officer, Ahaan Foundation/ Responsible Netism	Desig: Principal, V.G. Vaze College (Autonomous)
Date: 20 th June 2023	Date: 20 th June 2023

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Best Practices 2:

Stories of Rising from the Ashes

Objectives of the Practice:

Department of Psychology initiated "**Rising from the Ashes**", a series of transformative storytelling sessions which celebrate the indomitable human spirit by inviting individuals who have faced profound adversities and emerged stronger, embodying the metaphor of the phoenix rising from the ashes. Through these sessions, our "phoenixes" share their remarkable journeys of resilience, recounting the trials and tribulations that tested their limits, the moments of despair that threatened to extinguish their hope, and the unwavering determination that fueled their rise. This motivational and inspirational series aims to not only honor these extraordinary individuals but also to inspire and empower others by showcasing the transformative power of adversity.

Challenges faced:

While organizing this transformative initiative, we encountered several challenges, the most significant of which was identifying individuals who have faced profound adversity and emerged stronger. This task required us to go beyond conventional networks and search for stories that embody resilience and triumph.

Finding such individuals was not only a logistical challenge but also an emotional and ethical one. Many people who have endured significant hardship are often reluctant to revisit painful chapters of their lives.

Uniqueness in the context of Indian higher education:

The "Rising from the Ashes" initiative bridges a critical gap between academic instruction and the real-world challenges of human life. Moreover, the initiative aligns with the growing emphasis on holistic development in Indian education, as advocated by the National Education Policy (NEP) 2020. By integrating psychological well-being, resilience, and personal growth into the academic discourse, the series redefines the role of educational institutions as not just centers of knowledge but also as spaces that nurture the human spirit.

Another unique aspect is its storytelling format. Storytelling has deep cultural roots in India, yet its use as a tool for psychological empowerment and community inspiration is rare in academic settings.

Practice

Since 19th January 2023 till today every two month a session was held wherein a person who faced the adversity and coped effectively is invited to share his/her story with students.

On 19th January 2023 CA Vilas Karpe who was the inaugural speaker of the series spoke about his struggle in battling the condition of Muscle Dystrophy and his life story of strength, determination and resilience. 84 students/teachers attended the event.



On 15th February 2023 Mr Amin Sheikh – who grew up as a street child – shared how he managed to overcome adversities and emerged victorious through his cafe Bombay to Barcelona. 210 students/teachers attended the event.

On 13th July 2023, Ms. Kalpana vandana spoke about her inspiring journey from a domestic violence survivor to a successful entrepreneur. 81 students/teachers attended the event.

On 31st August 2023, Ms. Deepali Chawan and Ms.Vaishali Patil shared about their coping with death of loved one and separation from marital partner respectively. 62 students/teachers attended the event.

On 4th November 2023 Ms. Kaushal Shah talked about her daughter Hetanshi who has a condition called Down syndrome. 84 students/teachers attended the event.

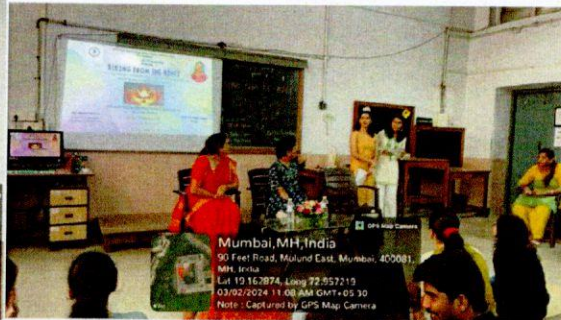
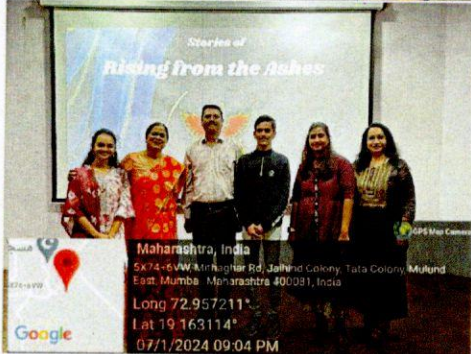
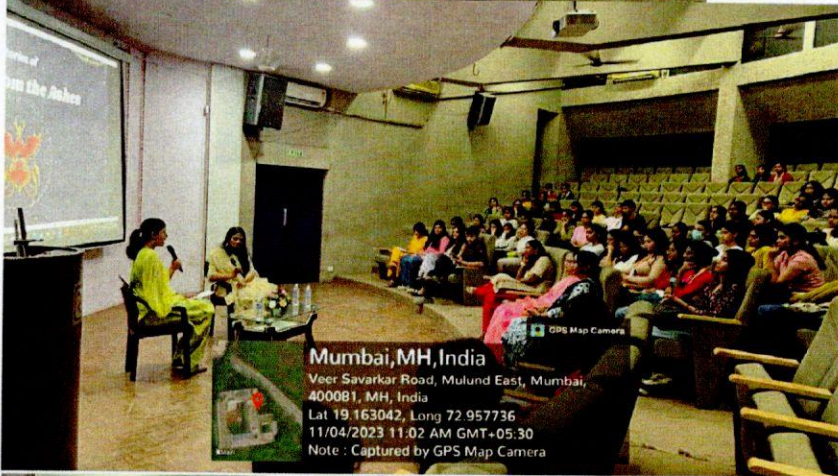
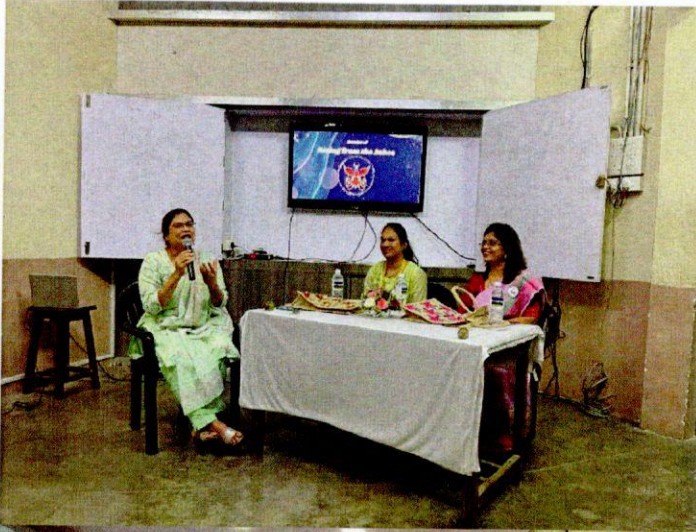
On 4th January 2024, Mr. Omkar Sawant shared his struggle with alcohol and drug addiction. 94 students/teachers attended the event.

On 2nd March 2024 , Ms. Disha Pandya with condition named Achondroplasia talked about her plight and triumph. 96 students/teachers attended the event

Problems Encountered and Resources Required. Please identify the problems encountered and resources required to implement the practice

The implementation of the "Rising from the Ashes" initiative was relatively seamless. One of the key strengths of the activity was the willingness of the speakers to share their stories without expecting any honorarium. A simple token of appreciation, such as a bouquet or a sapling, was presented to the speakers as a gesture of gratitude. Venues within the institution were utilized, and existing infrastructure like audio-visual equipment was sufficient to conduct the sessions effectively.





Neeta Mehta

Dr. Neeta Mehta
IQAC Convener
I.Q.A.C. CO-ORDINATOR
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